

# 4<sup>th</sup> INTERNATIONAL CONFERENCE ON EARLY CHILDHOOD DEVELOPMENT

## February 22-23, 2023

*Nurturing for Transforming Lives: The Power of Early Childhood Development*

Venue: W.M. Zaki Auditorium, Academic Complex

Allama Iqbal Open University, Islamabad. Pakistan

### DAY-1: WEDNESDAY- FEBRUARY 22, 2023

OPENING SESSION	
Venue: W.M. Zaki Auditorium, Academic Complex	
08:30 (hrs)	Registration of participants
09:30	Guests to be seated
10:00	Arrival of the Chief Guest: Mr. Mukhtar Ahmed HEC Chairman
10:00	National Anthem
10:05	Recitation and Translation from the Holy Quran, Mr. Ibtisam Ur Rehman, AIOU
10:10	Welcome Address - Prof. Dr. Nasir Mahmood, Vice Chancellor Allama Iqbal Open University, AIOU
10:15	Objectives & Background of the International Conference on ECD - Ms. Khadija Khan, CEO of Pakistan Alliance for Early Childhood
10: 20	UNICEF Approach towards ECD Agenda in Pakistan – Abdullah Fadil - the Country Representative of UNICEF Pakistan

10:25	WHO Remarks– <b>Dr.Palitha Gunarathna Mahipala, the Country Representative and Head of Mission in Pakistan</b>
10:35	<b>Topic:</b> Nurturing for Transforming Lives: The Power of Early Childhood Development <b>Keynote Speaker:</b> <b>Arinna Dia, Associate Director, Early Childhood Development, UNICEF, Head Quarters</b>
10:45	ECD Landscape and governance in Pakistan – <b>Dr. Nazir Ahmed Chief Nutrition, SUN Focal Point from Ministry of Planning, Development and Special Initiatives.</b>
	Address by the Chief Guest
	<ul style="list-style-type: none"> <li>i. Presentation of Shields</li> <li>ii. Group Photo</li> <li>iii. Expo Visit</li> <li>iv. Tea</li> </ul>

**DAY-1: WEDNESDAY-FEBRUARY 22, 2023**

<b>PLENARY-I: Prioritizing Investments in Early Childhood Development in a Changing World for Children: The Science and What Actions Work</b>	
<b>Venue: W.M. Zaki Auditorium, Academic Complex</b>	
<b>Session Chair:</b> Ms. Mehnaz Aziz, Convener of the Parliamentary Child Rights Caucus and Parliamentary Secretary Law and Justice National Assembly of Pakistan <b>Moderator:</b> Dr Saba Shuja, Manager ECD, UNICEF <b>Rapporteur:</b> Ms. Samina Ghafoor, ECD Consultant SUN Secretariate	
11:30	Rupani Foundations Initiatives for ECD in Pakistan – <b>Mr. Syed Jalaludin, Global Director, Rupani Foundation</b>

11:40	<p><b>Topic: Prioritizing Investments in Early Childhood Development in a Changing World for Children: The Science and What Actions Work</b> Keynote Presenter: Dr Saba Shuja, Manager ECD, UNICEF</p>
11:55	<p><b>Topic: Developmental Requirements of Children, Importance of 1<sup>st</sup> 1000 days for Child Development, Responsive Caregiving, Recognizing Danger Signs and Taking Timely Action</b> <b>Presenter:</b> Professor Junaid Rasheed, Professor of Pediatrics, University of Child Health Sciences, Lahore</p>
12:15	<p><b>Topic: ECD in Emergencies – Virtual Presentation</b> <b>Presenter:</b> Dr Bernadette Daelmans, WHO Geneva</p>
12:30	<p><b>Topic: Early Child Development; Identification of Developmental Delays &amp; Intervention”:</b> Prof. Dr. Shazia Maqbool, Professor Developmental Pediatrics, University of Child Health Sciences, Lahore</p>
12:45	<p><b>Topic: Impact of Floods on Early Childhood Development</b>  <b>Presenter:</b> Dr Salman Kirmani, MBBS, DABMGG, DABP Associate Professor &amp; Chair, Division of Women &amp; Child Health, The Aga Khan University</p>
13:00	Q & A
13:20	Conclusion by the Chair
13:30	Presentation of Conference Shields to Speakers and Chair
13:50	<b>Visit Early Childhood Development (ECD) Exhibition &amp; Lunch</b>

## CONCURRENT SESSIONS

DAY-1: WEDNESDAY-FEBRUARY 22, 2023					
Session I: Good Health		Session II: Adequate Nutrition		Session III: Responsive Caregiving	Session IV: Responsive Caregiving
Venue: Room No. 107		Venue: Room No. 108		Venue: Room No. 109	Venue: Room No. 207
Session Chair: Dr. Samia Rizwan, UNICEF Moderator: Dr. Naeem Zafar, President PEHCHAAN Rapporteur: Ms. Samina Ghafoor		Session Chair: Mr. Anteneh Girma Minas, UNICEF Moderator: Mr. Baddar Uzaman Rapporteur: Dr. Syed Nasir Hussain Shah, AIOU		Session Chair: Ms. Ambreena Ahmed, Director, Teachers' Resource Center Moderator: Dr Rukhsana Durani, AIOU Rapporteur: Dr. Zafar Iqbal Lilah, AIOU	Session Chair: Professor Dr Shazia Maqbool Moderator: Dr Uzma Qudsia Rapporteur: Dr. Zaheer, AIOU
15:00	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	
15:10	<b>Topic:</b> Breast Feeding Practices and Knowledge in Semi-urban Area of Pakistan  <b>Presenter:</b> Zernosh Sarwar- Children Hospital	<b>Topic:</b> Adaptation of mhGAP for Maternal Mental Health and Well-being: Foundation for better Child Development <b>Presenter:</b> Bushra Khan - (University of Karachi)	<b>Topic:</b> Transition Programme in Early Childhood Development  <b>Presenter:</b> Saima Mazhar, AKESP	<b>Topic:</b> Study on Impact of Caregivers' Mental Health on Early Childhood Development across Different Communities in Pakistan  <b>Presenter:</b> Hadiqa Qaisar	
15:25	<b>Topic:</b> Impact of Screen Media Usage on Early Childhood Development	<b>Topic:</b> Nutritional Outcomes in An Integrated Early Childhood Development	<b>Topic:</b> Awareness Campaign on Parental Training in Early Childhood Development and	<b>Topic:</b> The Basic Needs of Children According to UNCRC and its Comparison with Islam	

	<p><b>Presenter:</b> Kamila Iftikhar- Children hospital Lahore</p>	<p>Project in a Rural Area of District Peshawar, Pakistan</p> <p><b>Presenter:</b> Dr Saeed Anwar- Peshawar Medical College, Peshawar, Pakistan</p>	<p>Care</p> <p><b>Presenter:</b> Imran Nazir and Hina Noor - Army Special Education Academy )</p>	<p>and Judaism.</p> <p><b>Presenter:</b> Syed Abdul Basit - International Islamic University Islamabad</p>
15:40	<p><b>Topic:</b> The Relationship Between Teacher High Expectations and Student Learning.</p> <p><b>Presenter:</b> Nuzhat Saadia Qureshi - PhD Scholar, AIOU</p>		<p><b>Topic:</b> Parenting Practices and Aggression in Childhood Behavior Disorders</p> <p><b>Presenter:</b> Fatima Rahman - University of Child Health Sciences, Children's Hospital Lahore</p>	<p><b>Topic:</b> System analysis of Modern Maternal and child health care practices during Pregnancy –</p> <p><b>Presenter:</b> Zainab Hassan, M.Phil student in Department of Anthropology at Quaid-i-Azam University Islamabad</p>
16:55	<p><b>Topic:</b> Risk Factors for Specific Language Delay In Children</p> <p><b>Presenter:</b> Inbisat Ansari - The Children's hospital and UCHS, Lahore</p>			

17:10	<b>Q&amp;A</b>	<b>Q&amp;A</b>	<b>Q&amp;A</b>	<b>Q&amp;A</b>
17:20	Conclusion by the Session Chair	Conclusion by the Session Chair	Conclusion by the Session Chair	Conclusion by the Session Chair
17:30	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair
<b>TEA &amp; NETWORKING</b>				

### CONCURRENT SESSIONS

**DAY 1: WEDNESDAY-FEBRUARY 22, 2023**

<b>Session I: Early Childhood Development in Emergencies</b>		<b>Session IV: Safety &amp; Security</b>	
<b>Venue: Room No. 203</b>		<b>Venue: Room No. 205</b>	
Session Chair: Dr Salman Kirmani Moderator: Mr. Jalal Hunzai, CEO Rupani Foundation Rapporteur: Dr. Muhammad Sami Ullah		Session Chair: Dr Shahzad Mithani, Child Protection Expert Moderator: Ms. Farzana, Child Protection Specialist, UNICEF Rapporteur: Dr. Hina Noor, AIOU	
15:00	<b>Opening of Session by Moderator</b>		<b>Opening of Session by Moderator</b>

15:10	<p><b>Topic:</b> Challenges faced by Primary School Teachers during the COVID-19 period in District Attock</p> <p><b>Presenter:</b> Hajira Salam - M.Phil Education DNFCE AIOU</p>	<p><b>Topic:</b> Technology is a tool for Learning: Voices of Teachers and Parents of Young Children</p> <p><b>Presenter:</b> Shahnaz Pirani - Head Start School System</p>
15:25	<p><b>Topic:</b> Designing Activities for Moral and Physical Development in Early Childhood Education Classrooms</p> <p><b>Presenter:</b> Aleena Ayub - Allama Iqbal Open University</p>	<p><b>Topic:</b> Parental Emotional Abuse influencing Early Childhood Development</p> <p><b>Presenter:</b> Mamonah Ambreen</p>
15:40	<p><b>Topic:</b> Psychological Distress and Coping Strategies among Pregnant Women</p> <p><b>Presenter:</b> Muhammad Omer Shehzad - Independent Researcher</p>	
15:55	<b>Q&amp;A</b>	<b>Q&amp;A</b>
16:05	Conclusion by the Session Chair	Conclusion by the Session Chair
16:30	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair

**DAY-1: WEDNESDAY-FEBRUARY 22, 2023– CONFERENCE WORKSHOPS**

<b>Workshop I: Early Childhood Development in Emergencies</b>	
<b>Room No. 206</b>	
<b>Session Chair: Mr. Muhammad Rafique Tahir, Sr. Advisor, Allama Iqbal Open University</b> <b>Workshop Facilitator: Tabinda Jabeen Saira Shahab, Teachers Resource Center (TRC)</b> <b>Rapporteur: Dr. Farkhanda, AIOU</b>	
15:00 – 16:30	<b>Early Childhood Development in Emergencies</b>
16:45	<b>Q&amp;A Session</b>
16:55	Conclusion by the Chair
17:10	Presentation of Conference Shields to Workshop Facilitator and Chair



**DAY-1: WEDNESDAY-FEBRUARY 22, 2023**

<b>Workshop II: Inclusion in Early Childhood Development</b>	
<b>Room No. 204</b>	
Session Chair: Prof. Dr Humaira Bano, Chairperson/Director, Institute of Special Education, University of Punjab, Lahore Workshop Facilitator: Dr Kausar Waqar, Senior Instructor, AKU Rapporteur: Ms. Samina Ghafoor, Curriculum Expert and Teacher Trainer	
15:00 – 16:30	<b>Topic: Inclusion in Early Childhood Development</b>
16:45	<b>Q&amp;A Session</b>
16:55	Conclusion by the Chair
17:10	Presentation of Conference Shields to Workshop Facilitator and Chair

	<b>DAY-1: FEBRUARY 22, 2023</b>
	<b>PANEL DISCUSSION-II: Role of Distance and Non-Formal Education in Early Childhood Development</b>
	<b>Venue: 104</b>
15:00-16:30	Session Chair: Dr. Muhammad Ajmal Ch. Chairman DNFCE Moderator: Dr. Naila Naseer, AIOU Rapporteur: Dr. Tahira Bibi, AIOU

	Panelist 1	Mr. Abid Gill, JICA
	Panelist 2	Mr. Bilal Aziz, JICA
	Panelist 3	Dr. Muhammad Athar Hussain, AIOU

## DAY-2: THURSDAY-FEBRUARY 23, 2023

<b>PLENARY-II: Nurturing Care Framework - Plans, Advocacy, and Implementation in Pakistan- How this Compares with the Region, South Asia?</b>	
<b>Venue: W.M. Zaki Auditorium, Academic Complex</b>	
<b>Session Chair: Dr Baseer Achakzai, DG Health, Ministry of National Health Services Regulation and Coordination</b> <b>Moderator: Anteneh Girma Minas, Chief Nutrition UNICEF</b> <b>Rapporteur : Ms. Khadija Khan, CEO PAFEC</b>	
10:30	<b>Keynote: Importance of Nurturing Care Framework – What is happening in relation to this in South Asia?</b> <b>Presenter: Mita Gupta - UNICEF Regional Advisor on ECD</b>
10:45	<b>Topics: Highest Prevalence of Maternal Depression in South Asia: An Overview of the Missing Links to Inform Child Development Strategies in Pakistan</b> <b>Presenter: Abdul Wahab Yousafzai, Prof. &amp; Consultant of Psychiatry, Shifa International Hospital, Islamabad</b>
11: 05	<b>Topic: Positive Child Development and Strategies for Promoting Mental Health and Wellbeing in the School Context – Virtual Presentation</b>

	<b>Presenter:</b> Dr Eva Oberle, Assistant Professor at Human Early Learning Partnership in the School of Population and Public Health at the University of British Columbia
11:25	<b>Topic: “Education, not Discrimination: Learnings from Malawi’s inclusive Pre-schools Project” Virtual Presentation</b> <b>Presenter:</b> Mr. Guy Le Fanu, Senior Global Technical Lead, Education at Sightsavers, UK
11:40	<b>Topic: Programme Development (Key Family Care Practices) &amp; Budget Allocation, Capacity Building, Resource mobilization, ECD data Collection and Management System</b> <b>Presenter:</b> Mr. Badar Uzaman, Programme Policy Officer, SUN Secretariat, MoPDSI & Dr Saba Shuja, UNICE
11:55	<b>Topic: Save the Children Approaches to Early Childhood Development</b> <b>Presenter:</b> Ms. Sehar Taimoor Khan, Education Advisor, Save the Children
12:15	Q&A
12: 25	Conclusion by the Chair
12:40	Presentation of Conference Shields to Speakers and Chair
12:50– 14:00	Poster Presentation & Lunch Break
<b>Poster Presentation</b>	
<b>Venue: Corridor &amp; Lobby 1<sup>st</sup> Floor</b>	
<b>Coordinator: Dr. Azhar Mumtaz Saddi, AIOU &amp; Mr Arshad Mehmood Qamar</b>	

Rapporteur: Hafiz Tahir Jamil AIOU	
1	<b>Topic:</b> Professional Development of ECD Teachers: Problem-Solving Teaching Method's Effect on Improvement of HOTs of ECD Teachers in Mathematics <b>Presenter:</b> Razzaq Ahmad
2	<b>Topic:</b> Effectiveness of Self-Regulation Training for the Treatment of Children with Attention Deficit Hyperactivity Disorder <b>Presenter:</b> Iffat Nawaz Durrani, Allama Iqbal Open University; Hina Noor, AIOU; Shamaila Hamid Mahmud (AIOU Student)
3	<b>Topic:</b> Factors Affecting Teacher Retention and Turnover at ECE Level in Private Schools <b>Presenter:</b> Shagufta Ibad
4	<b>Topic:</b> Early Childhood Care and Education: A Comparative Study Regarding Access and Personality Development in Public and Private Schools of District Karak, Pakistan <b>Presenter:</b> Muhammad Kifayat Ullah Khan Khattak
5	<b>Topic:</b> Predicting Fathers' Participation and Involvement in Early Intervention and Daily Care of their Children with Deafness <b>Presenter:</b> Tehmina Ibad

### CONCURRENT SESSIONS

#### DAY 2: THURSDAY-FEBRUARY 23, 2023

<b>Session I: Early Learning &amp; Development Opportunities</b>	<b>Session II: Early Learning &amp; Development Opportunities</b>	<b>Session III: Early Learning &amp; Development Opportunities</b>	<b>Session IV: Early Learning &amp; Development Opportunities</b>	<b>Session V: Early Learning &amp; Development Opportunities</b>
<b>Venue: Room No. 204</b>	<b>Venue: Room No.107</b>	<b>Venue: Room No. 108</b>	<b>Venue: Room No. 109</b>	<b>Venue: Room No. 206</b>

<p>Session Chair: Ms. Iza World Bank  Moderator: Erum Burki  Rapporteur Dr. Aftab Ahmed, AIOU</p>		<p>Session Chair: Dr Sughra Chaudhry Khan  Moderator: Dr. Muhammad Zafar Iqbal Mir ,AIOU  Rapporteur: Ms. Shafia Rafique, Principal, Little Fellows Day Care</p>	<p>Session Chair: Dr Shahzad Mithani  Moderator: Dr. Tanveer Afzal, AIOU  Rapporteur: Ms. Samina Ghafoor, SUN Secretariat</p>	<p>Session Chair: Dr Batool Atta, Assistant Prof, University of AJ&amp;K  Moderator: Mr. Syed Jalaluddin Shah, Global Director, Rupani Foundation  Rapporteur: Dr. Tooba Saleem</p>	<p>Session Chair: Prof. Dr Tanzela Nabeel  Moderator: Dr Munnaza Ambreen, AIOU  Rapporteur: Dr. Sidra Rizwan, AIOU</p>
14:00	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>	<b>Opening of Session by Moderator</b>
14:10	<p><b>Topic:</b> The Lens Behind the Semblance of Parents: Sifting Parental Involvement from the Formation Years of Juveniles Care and Education</p> <p><b>Presenter:</b> Romela Zaynab - Iqra University</p>	<p><b>Topic:</b> Mothers' Experiences of Applying into their Caregiving Practices ECD Knowledge Learned through Midwife Counselling Sessions</p> <p><b>Presenter:</b> Uzma Hussain- Aga Khan University, Karachi</p>	<p><b>Topic:</b> The View of Preschool Teachers about Creating Learning Environment in Classrooms</p> <p><b>Presenter:</b> Salma Abdul Qayyum - AIOU</p>	<p><b>Topic:</b> Development of Skills at Preoperational Stage; A Comparative Study on Cognitive Development of Urban and Rural School Children</p> <p><b>Presenter:</b> Arshad Mehmood Qamar - AIOU</p>	<p><b>Topic:</b> An Exploration of Parents' Experiences With Early Childhood Education In Pre Schools</p> <p><b>Presenter:</b> Alia Bibi - Allama iqbal open university</p>

14:25	<p><b>Topic:</b> Support for Early Educator Development (SEED): Building Foundations for Learner-centered Early Education, a Video-based Resource for Teachers in low-resource Contexts.</p> <p><b>Presenter:</b> Marvi Soomro - Innovate Educate &amp; Inspire (IEI) Pakistan</p>	<p><b>Topic:</b> Effect of Communicative Approach on paragraph writing in English among Early Graders</p> <p><b>Presenter:</b> Dr. Muhammad Samiullah - ECE&amp;ETED AIOU Islamabad</p>	<p><b>Topic:</b> Promoting Playful and Positive Parenting in Nurturing Children: Teachers and Parents' Perspectives</p> <p><b>Presenter:</b> Haseena Malik - Independent Researcher</p>	<p><b>Topic:</b> A survey of Early Childhood Development and Pedagogical Skills for ECE Workers</p> <p><b>Presenter:</b> Dr. Rahmat Ullah Bhatti - Allama Iqbal Open University Islamabad</p>	
15:10	<b>Q&amp;A</b>	<b>Q&amp;A</b>	<b>Q&amp;A</b>		
15:20	Conclusion by the Session Chair	Conclusion by the Session Chair	Conclusion by the Session Chair		

15:30	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair	Presentation of Conference Shields to Speakers and Chair		
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**DAY 2: THURSDAY-FEBRUARY 23, 2023**

Online Sessions (All Subthemes)

**Room No: 110**

**Session Chair: Dr. Muhammad Ajmal Ch. AIOU**

**Moderator: Mr. Hamid Nadeem, AIOU**

**Rapporteur: Dr. Sarwat Maqbool, AIOU**

	<b>DAY 2: THURSDAY-FEBRUARY 23, 2023</b>	
	<b>PANEL DISCUSSION-I: Role of AIOU in Early Childhood Development</b>	
	Venue: Room 104	
14:00-15:30	<b>Session Chair: Dr. Fazal ur Rehman, AIOU</b> <b>Moderator: Dr. Mubeshra Tufail, AIOU</b> <b>Rapporteur: Dr. Muhammad Sami Ullah, AIOU</b>	
	Panelist 1	Dr. Rehmatullah Bhatti, AIOU
	Panelist 2	Dr. Nasir Hussain Shah, AIOU
	Panelist 3	Dr. Rukhsana Durrani, AIOU

**DAY-2: THURSDAY-FEBRUARY 23, 2023– CONFERENCE WORKSHOPS****Workshop I: Impact of Play-based Learning on Child Development****Room No. 205****Session Chair: Dr Haji Parveen, General Manager Design and Strategy Human Development Foundation****Workshop Facilitator: Ms. Lala Rukh, Right to Play****Rapporteur: Dr. Azhar Majeed Qureshi, AIOU**

14:00	<b>Impact of Play-based Learning on Child Development</b>
15:10	<b>Q&amp;A Session</b>
15:20	Conclusion by the Chair
15:30	Presentation of Conference Shields to Workshop Facilitator and Chair

**DAY - 2: FEBRUARY 23, 2023****CLOSING SESSION****Venue: Main Auditorium, VC Secretariat, AIOU**

15:50	Guests to be seated
16:15	Arrival of the Chief Guest
16:15	National Anthem
16:20	Recitation and Translation from the Holy Quran



16:25	Welcome Note: <b>Prof. Dr. Nasir Mahmood, Vice Chancellor Allama Iqbal Open University, AIOU</b>
16:30	Reflection on the Conference - <b>Mr. Muhammad Rafique Tahir, Sr. Advisor, AIOU</b>
16:35	Conference Findings, Recommendations, and Way forward - <b>Dr.Saba Shuja, Manager ECD, UNICEF &amp; Mr. Badar Uzaman, Programme Policy Officer, MoPDSI</b>
16:45	Address by the Chief Guest, <b>Mr. Aamir Ashraf Khawaja, Federal Secretary Education, and Professional Training</b>
	<ul style="list-style-type: none"><li>i. Presentation of the shields</li><li>ii. Group photo</li><li>iii. Tea</li></ul>